

+Our Mission Statement

Guided by Holy Scripture and the Holy Spirit, we the congregation of Holy Trinity pledge our lives to Christ. Through worship, love, and service to one another, we will bring witness and encouragement to the community.

Rector: The Rev. Robin Trevors 631-0087 (Cell) or 489-3002 (Church Office)

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<i>Service Times for February 23, 2020 – March 1, 2020</i>		
<i>Sunday, February 23 Transfiguration Sunday</i>	Holy Communion (BCP) Family Service & Holy Eucharist	8:30 a.m. 10:30 a.m.
<i>Ash Wednesday, Feb 26</i>	Holy Eucharist with the Imposition of Ashes	7:00 p.m.
<i>Thursday, February 27</i>	Holy Eucharist (BAS)	9:30 a.m.
<i>Sunday, March 1 Lent I Food Bank Sunday</i>	Holy Communion (BCP) Morning Prayer (BAS) Prayer & Praise	8:30 a.m. 10:30 a.m. 7:00 p.m.

Exodus 24:12-18 - Joshua Bailey

Psalms 2 - Grayson Fudge

2 Peter 1:16-21 - Deidra Bowers

Matthew 17:1-9 - Ben Blake

Welcome. A special welcome to anyone who is visiting with us today. Please introduce yourself to our Greeters and Clergy and sign our guest book located in the foyer. If you require a Hearing Assist Device, please ask the Greeters for one.

Church Bulletins in Memoriam. Anyone wishing to donate a bulletin for a particular Sunday may do so by entering the details on the chart located in the main foyer. The cost of a Memorial Bulletin is \$35. Please place your money in an envelope and mark it **Memorial Bulletin**. Please include your name and envelope number.

Food Bank. Next Sunday is Food Bank Sunday.

Recyclables. A reminder that the Youth Group has a recycling account at the depot. If you would like to donate your recyclables, the account is **Anglican Church of Exploits Youth Group, Rev. Robin Trevors**.

Youth Group/Confirmation. Mondays at 6:30 p.m. to 8 p.m. Youth Group will be back at St. Alban's Church this week. Parent meeting is at 7 p.m.

The Gathering Place. ACW will be collecting Men's toiletries for the Gathering Place over the next few weeks. A container will be placed at the back of the church for anyone who would like to donate such things as, men's shampoo, body wash, deodorant, shaving cream, and razors.

Holy Trinity Annual Meeting. The AGM will be held on **today** at 3 p.m. We hope that many members of the parish will come out for this **very important meeting**.

Tax Receipts/Envelopes. Thank you to members of the congregation who have tirelessly volunteered their time to deliver the tax receipts and envelopes. If you know of anyone who has not received their tax receipt, envelopes, or has moved, please inform Cathy.

Pancake Supper. Come and enjoy a pancake supper with your church family this **Tuesday, February 25** at 5 p.m. Tickets are \$5 each and are available from members of the Vestry or at the door. Money raised will go to the Roofing Fund for the replacement of the roof shingles.

Lent Is Here! Our Wednesday Lenten services will begin this week on **February 26**. The weekly series is titled *Sermon on the Mount*. We invite you to come journey with us for the entire five weeks of Lent beginning with Ash Wednesday – *Blessed Are You*.

Anglican Life. In Newfoundland and Labrador, *Anglican Life* is a co-operative effort of the three Dioceses. It is published in ten issues per year with an independent editorial policy. *Anglican Life* is a section of the *Anglican Journal*, a newspaper of the Anglican Church of Canada.

Are you or were you ever a subscriber to *Anglican Life*? Are you still receiving your subscriptions? If not, and you would still like to receive them, contact Rev Fred Marshall at 709-727-4346, or you can contact Emily Rowe, Editor of Anglican Life in St. John's, anglicanlifeNL@gmail.com.

Moose Burger Sale. There will be a moose burger and moose soup sale on **Saturday, March 7** to help raise money for the replacement of the roof shingles. Cost is \$3 each.

Electronic Givings. Holy Trinity continues to offer electronic giving to all parishioners. You can use the e-giving option for giving on a regular basis. Applications (brochures) may be found in the back of the church.

Bible Study. Mondays at 10 a.m.

Scent Free. Please remember that Holy Trinity is a scent-free church to enable everyone to worship and enjoy fellowship comfortably. Please do not wear perfume/aftershave or bring lilies into the church as some people are allergic to them

Office Hours. For this week, office hours will be Wednesday and Friday, 9 a.m. – 12 noon.

Greeters. Terry Brown, Bob Dawe, Ed Eastman, Roy Goulding, Nancy Jackson, Sandra Knight

Bulletin Items. Please give the necessary information to Cathy by Thursday. You may e-mail candlelady@live.ca

Waking Up Thirsty

By Bonny Mulder-Behnia — Wednesday, February 19, 2020

Scripture Reading: [Psalm 143](#)

*Let the morning bring me word of your unfailing love, for I have put my trust in you.
Psalm 143:8*

Sleep can bring welcome relief from the worries of the day, especially when we leave our problems at the foot of the cross in prayer before closing our eyes and resting our minds. We can join the psalmist in his cry for mercy, his plea that God will not forget him in his distress. We can exhale.

But then we wake up, and after the grogginess wears off, the burdens we were carrying the day before can come back and load us down again. We may just want to curl up under the covers and hide from the world.

It can be as if we are in a parched desert and our souls are craving the living water that we need to have running through our veins to renew us. We spread out our hands to God in prayer, saying, “My tank is empty; please refill me.”

My stepmother, Marla, said mornings were always the hardest times of the day when she was going through past cancer treatments—and while she watched her first husband fade away from Alzheimer’s disease. Before long, she was also running out of options for treating yet another bout with cancer. But through it all, she testified that each dawn, God delivered a refreshing dose of his unfailing love as she lifted up her thirsty soul for a long, cool drink of living water.

Good morning, God. I’m ready.

Lord, may you be the first thing on my mind when I wake up each day so that the worries of the world fade away as I place my trust in you. Amen.

Today Devotional

