

## Our Mission Statement

*Guided by Holy Scripture and the Holy Spirit, we the congregation of Holy Trinity pledge our lives to Christ. Through worship, love, and service to one another, we will bring witness and encouragement to the community.*

**Rector:** The Rev. Robin Trevors 631-0087 (Cell) or 489-3002 (Church Office)  
E-mail: [holytrinity83@outlook.com](mailto:holytrinity83@outlook.com); Website: [holytrinitygrandfalls.ca](http://holytrinitygrandfalls.ca)

**Bulletin Today.** The bulletin is given to the glory of God and in loving memory of **Winnie Norris** by Barbara, Judy, Marion & Louise.

<i>Service Times for July 21 – August 4, 2019</i>		
<i>Sunday, July 21 6<sup>th</sup> Sunday after Pentecost</i>	Holy Communion (BCP) Morning Prayer (BAS)	8:30 a.m. 10:30 a.m.
<i>Thursday</i>	Holy Eucharist (BAS)	9:30 a.m.
<i>Sunday, July 28 7<sup>th</sup> Sunday after Pentecost</i>	Holy Communion (BCP) Baptism/Holy Eucharist (BAS)	8:30 a.m. 10:30 a.m.
<i>Thursday</i>	Holy Communion (BCP)	9:30 a.m.
<i>Sunday, August 4 8<sup>th</sup> Sunday after Pentecost</i>	Holy Communion (BCP) Holy Eucharist (BAS)	8:30 a.m. 10:30 a.m.

**Welcome.** A special welcome to anyone who is visiting with us. Please introduce yourself to our Greeters and Clergy, and sign our guest book in the foyer.

**Church Bulletins in Memoriam.** A new chart is now available. Anyone wishing to donate a bulletin for a particular Sunday may do so by entering the details on the chart located in the main foyer. The cost of a Memorial Bulletin is \$35. Please place your money in an envelope and mark it **Memorial Bulletin**.

**Annual Flower Service.** A Flower Service will be held at the Anglican section of the Interdenominational Cemetery on next Sunday, July 28 at 2 p.m. If the weather is a problem, it will be held at the church.

**Prayer Ministry Next Sunday.** During the Communion service, Fred & Linda will be available for Prayer Ministry at the back of the church. Should you wish healing prayer for yourself or for another or to offer a prayer of thanksgiving, you are invited to come to the prayer station during Communion.

**Parish Finances.** Summer is a slow time for the church financially. If you plan to be away over the summer, please try to help us keep current with our expenses by using post-dated cheques or by using the [Canadahelps.org](http://Canadahelps.org) link on the parish website or e-transfer, which are safe and secure to use.

**Secretary Required.** Holy Trinity Church is looking for a Church Secretary. If you are interested in the position, please let one of our wardens, Wayne Ricks or Bill Reid, or Rev. Robin know.

**Readings & Readers for July 28.** Hosea 1:2–10 – Cathy Flynn; Psalm 85 – Hubert Griffin; Colossians 2:6–15(16–19) – Garry Hayley; Luke 11:1–13 – Barbara Leyte

**Greeters Today.** Bill Reid, Roy Earle, George Thorne, Phyllis Woolfrey; Ann Shears

**Greeters, July 28.** Terry Brown; Bob Dawe; Ed Eastman; Roy Goulding; Nancy Jackson; Sandra Knight

**Bulletin.** Items for the next bulletin, **August 4**, must be submitted to Linda by **Thursday, August 1** Please e-mail [linda.pafford@nl.rogers.com](mailto:linda.pafford@nl.rogers.com) or call (489-9801).

### *In the Valley or On the Mountain From the Heart of Jesus*

Are you in the valley of despair or on the mountain of Joy? If you are in the valley of despair, you do not have to stay there!

It is a lie straight from the pits of hell that we have to remain in valleys. The Bible says, “The Joy of the Lord is your strength”. The Bible also says in Galatians 5:22 “But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith”.

These are the ingredients for us to use in our daily lives but too often we forget to put them into practice. God has given us all we need to live a daily, victorious life through Jesus. However, He is not going to do it for us. We can ask Him for strength and courage to do what we need to do, but we are the ones to employ these principles He has given to us.

I challenge you to let Jesus help you get out of the valley of despair and back up on the mountain of Joy. Never forget that God may want to use you today and you need to be ready.

***The Christian Woman***