## +Our Mission Statement

Guided by Holy Scripture and the Holy Spirit, we the congregation of Holy Trinity pledge our lives to Christ. Through worship, love, and service to one another, we will bring witness and encouragement to the community.

Rector: The Rev. Robin Trevors 631-0087 (Cell) or 489-3002 (Church Office) E-mail: holytrinity83@outlook.com; Website: holytrinitygrandfalls.ca

**Bulletin Today.** The bulletin is given to the glory of God and in loving memory of **Frank &Diana Hounsell** by Martha Beson and Family

Service Times for March 28 – April 4, 2021		
Sunday, March 28 Palm Sunday	Holy Eucharist (BAS)	10:30 a.m.
Thursday, April 1	No Service during Lent	9:30 a.m.
Good Friday, April 2	At the Crossroads	2:00 p.m.
Sunday, April 4 Easter Day	Holy Eucharist (BAS)	10:30 a.m.

Isaiah 53:1-6 Philippians 2:5-11 Reader: Tammy Trevors Psalm 31:9-16 John 12:12-16

**Welcome Everyone**. A special welcome to anyone who is visiting with us today. If you require a Hearing Assist Device, please ask the Greeters for one.

**New Covid Restrictions:** While the province is back to Alert Level 2, the new COVID restrictions is now 50 people, and everyone must wear their mask for the duration of the whole service.

Church Registration. Anyone wishing to register for Sunday services, please call the office at 489-3002 during Wednesday and Thursday 9:00 a.m. – 12 noon or Friday 9:00 a.m. to 11:00 a.m. Or email <a href="https://holytrinitysecretarygfw@gmail.com">holytrinitysecretarygfw@gmail.com</a> by Friday 11:00 a.m. For contact tracing purposes, please provide name, address, and phone number.

**Secretary Office Hours.** Regular hours are Wednesday – Friday, 9:00 a.m. – 12 Noon. Email Address: holytrinitysecretarygfw@gmail.com

**Rector's Discretionary Fund.** People wishing to make donations to the discretionary fund to help families throughout the year, can do so by placing an envelope in the offertory plate marked *discretionary fund*.

Greeters. Ron Antle, Bob Hiscock, Martha Beson, Audrey Bishop, and Sonia Cull

## **Wonderful Thoughts from the family of Holy Trinity church for Lent)**

1

Jeremiah 29:11"For I know the plans I have for you," declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future". My thought. Be with me and help me make good decisions.....thank you for giving me hope toward the future.

2

This was more challenging than I expected. I have three that are special to me. The commitment of Ruth 1:16 But Ruth said, "Do not press me to leave you or to turn back from following you! Where you go, I will go; where you lodge, I will lodge; your people shall be my people, and your God my God.

3

The gratitude of Paul in **Phillipians 1:13** <sup>13</sup> so that it has become known throughout the whole imperial guard and to everyone else that my imprisonment is for Christ.

4

But I think John 14:27 <sup>27</sup> Peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled, and do not let them be afraid." is probably my favorite. It brings such peacefulness and comfort to me when I hear it. Knowing the Holy Spirit will dwell in us and we are not alone.

5

This has been one of my go to verses when I see family and friends struggling. **Philippians 4:13**"<sup>13</sup> I can do all things through him who strengthens me." I have shared the verse with many who are struggling, whether they be at Hospital or just received bad news. I carefully explain to them that it does not mean that Christians will have superpowers or that they will be invincible or immune to life's challenges. Instead, the promise is that we will have strength from the Lord to faithfully endure the difficulties that come into our lives. That even believers endure suffering but can be content in any circumstance, given Christ's strength. Just as Christ faithfully endured on the cross, His followers can faithfully endure the problems they face.

6

One of my favorites is Psalm 118: 24 - This is the day which the Lord hath made, let us rejoice and be glad in it.

I probably think of this or say it almost every day. I find it very calming and grounding.

7

Genesis 9:15 <sup>15</sup> I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. (Rainbow) My thought: I see God in the sky, in the running water, in the sunsets & in the flowers (in nature).

Joel 2:32.  $^{32}$  Then everyone who calls on the name of the LORD shall be saved; for in Mount Zion and in Jerusalem there shall be those who escape, as the LORD has said, and among the survivors shall be those whom the LORD calls.

My strength is in that verse. It has helped me through sorrow and pain many times in my life. Thank you, Lord.

9

## Mathew 3:17. <sup>17</sup> And a voice from heaven said, "This is my Son, the Beloved, [a] with whom I am well pleased.

"Such a positive statement which can apply so much to our own personal lives, in my case, three sons, in whom I am very pleased.

10

Proverbs 3:5-6." <sup>5</sup> Trust in the LORD with all your heart, and do not rely on your own insight <sup>6</sup> In all your ways acknowledge him, and he will make straight your paths".

When the future seems uncertain, I trust in God's sovereign plan for my life. Even when things don't seem to be working out the way I hope or expect, I can rest knowing God will guide me.

11

Isaiah 40:31. 31 but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

When I was a young mom of three energetic kids, I quoted this verse often. God gives us the strength we need each day to accomplish what needs to be done. Our strength is in Him.

 $1^{2}$ 

Philippians 4:6-8. <sup>6</sup> Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. <sup>7</sup> And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. <sup>8</sup> Finally, beloved, <sup>[e]</sup> whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about <sup>[f]</sup> these things.

When I'm feeling overwhelmed, I remind myself, "Don't worry. Don't be anxious. Bring your cares and anxiety to God. Focus on good things. Focus on truth. You will find peace in Him."