

Holy Trinity Anglican Church - Morning Prayer
February 1st, 2026 - 4th Sunday after Epiphany

Opening Hymn: The Sunny Side of Life

1. There's a dark and a troubled side of life,
There's a bright and a sunny side too,
Though you meet with the darkness and strife,
The sunny side may also find you.

Chorus:

Keep on the sunny side, always on the sunny side,
Keep on the sunny side of life,
It will help us every day, it will brighten all the way,
If we keep on the sunny side of life.

2. Oh, the storm and its fury broke today,
Crushing hopes that we cherish so dear,
Clouds and storms will in time pass away,
The sun again will shine bright and clear.

Chorus:

Keep on the sunny side, always on the sunny side,
Keep on the sunny side of life,
It will help us every day, it will brighten all the way,
If we keep on the sunny side of life.

3. Let us greet with a song of hope each day,
Though the moment be cloudy or fair,
Let us trust in our Saviour away,
Who keepeth everyone in his care.

Chorus:

Keep on the sunny side always on the sunny side,
Keep on the sunny side of life,
It will help us every day, it will brighten all the way,
If we keep on the sunny side of life.

Welcome and Children's Time

The Penitential Rite (BAS pg. 45)

Seek the Lord while he wills to be found, call upon him
when he draws near; let the wicked forsake their ways,
and the evil ones their thoughts; and let them return to
the Lord, and he will have compassion, and to our God,
for he will richly pardon.

Isaiah 55.6, 7

Invitation

Dear friends in Christ, as we prepare to worship almighty
God, let us with penitent and obedient hearts confess our
sins, that we may obtain forgiveness by his infinite goodness
and mercy.

Confession (BAS pg. 46)

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Absolution

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. Amen.

Officiant: Lord, open our lips, (BAS pg.47)

People: And our mouth shall proclaim your praise.

Officiant: O God, make speed to save us.

People: O Lord, make haste to help us.

All: Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Venite (BAS pg. 49)

Come, let us sing to the Lord;* let us shout for joy to the rock of our salvation. Let us come before his presence with thanksgiving* and raise a loud shout to him with psalms. For the Lord is a great God,* and a great king above all gods. In his hand are the caverns of the earth,* and the heights of the hills are his also. The sea is his for he made it,* and his hands have molded the dry land. Come, let us bow down, and bend the knee,* and kneel before the Lord our maker. For he is our God, and we are the people of his pasture and the sheep of his hand.*Oh, that today you would hearken to his voice!

The Proclamation of the Word

A READING FROM THE BOOK OF MICAH 6:1-8

Hear what the Lord says: Rise, plead your case before the mountains, and let the hills hear your voice. Hear, you mountains, the controversy of the Lord, and you enduring foundations of the earth; for the Lord has a controversy with his people, and he will contend with Israel. "O my people, what have I done to you? In what have I wearied you?

Answer me! For I brought you up from the land of Egypt, and redeemed you from the house of slavery; and I sent before you Moses, Aaron, and Miriam. O my people, remember now what King Balak of Moab devised, what Balaam son of Beor answered him, and what happened from Shittim to Gilgal, that you may know the saving acts of the Lord." "With what

shall I come before the Lord, and bow myself before God on high? Shall I come before him with burnt offerings, with calves a year old? Will the Lord be pleased with thousands of rams, with ten thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?" He has told you, O mortal, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?

Leader: This is the Word of the Lord.

All: Thanks be to God.

PSALM 15

Lord, who may dwell in your tabernacle? who may abide upon your holy hill? **Whoever leads a blameless life and does what is right, who speaks the truth from his heart.**

There is no guile upon his tongue; he does no evil to his friend; he does not heap contempt upon his neighbour. **In his sight the wicked is rejected, but he honours those who fear the Lord.**

He has sworn to do no wrong and does not take back his word. **He does not give his money in hope of gain, nor does he take a bribe against the innocent.**

Whoever does these things shall never be overthrown.

Leader: This is the Word of the Lord.

All: Thanks be to God.

**A READING FROM THE FIRST LETTER OF PAUL TO
THE 1 CORINTHIANS 1:18-31**

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart." Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength. Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things

that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord."

Leader: This is the Word of the Lord.

All: Thanks be to God.

Gradual Hymn: What A Friend We Have In Jesus

1. What a friend we have in Jesus,
All our sins and griefs to bear,
What a privilege to carry,
everything to God in prayer,
O what peace we often forfeit,
O what needless pain we bear,
All because we do not carry,
everything to God in prayer.

2. Have we trials or temptations?
Is there trouble anywhere?
We should never be discouraged,
take it to the Lord in prayer.
Can we find a friend so faithful,
who will all our sorrows share,
Jesus knows our every weakness,
Take it to the Lord in prayer.

3. Are we weak and heavy laden,
Cumbered with a load of care,
Christ the Saviour is our refuge,
take it to the Lord in prayer,
Do our friends despise forsake us?
Are we tempted to despair,
Jesus' strength will shield our weakness,
And we'll find new courage there.

THE HOLY GOSPEL OF OUR LORD JESUS CHRIST
ACCORDING TO MATTHEW 5:1-12

Reader: The Lord be with you.

People: And also with you.

Reader: The Holy Gospel of our Lord Jesus Christ
according to Matthew.

People: **Glory to You Lord Jesus Christ**

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying: "Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. Blessed are those who hunger and thirst for righteousness, for they will be filled. Blessed are the merciful, for they will receive mercy. Blessed are the pure in heart, for they will see God. Blessed are the peacemakers, for they will be called children of God. Blessed

are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you."

Reader: The Gospel of Christ.

People: Praise to you, Lord Jesus Christ.

Sermon

Affirmation of Faith The Apostles' Creed (BAS pg. 52)

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Offertory Hymn: Make Me A Chanel Of Your Peace

1. Make me a channel of your peace

Where there is hatred let me bring your love,

Where there is injury your healing power

And where there's doubt true faith in you.

Chorus:

Oh, master grant that I may ever seek

So much to be consoled as to console,

To be understood, as to understand,

To be loved as to love with all my soul.

2. Make me a channel of your peace

Where there's despair in life let me bring hope,

Where there is darkness only light,

And where there's sadness ever joy.

Chorus:

Oh, master grant that I may ever seek

So much to be consoled as to console,

To be understood, as to understand,

To be loved as to love with all my soul.

3. Make me a channel of your peace,

It is in pardoning that we are pardoned,

In giving to all that we receive,

And to dying that we're born to eternal life.

Chorus:

Oh, master grant that I may ever seek
So much to consoled as to console,
To be understood, as to understand,
To be loved as to love with all my soul.

PRAYER OVER THE GIFTS

ALL: God of steadfast love, may our offering this day,
by the power of your Holy Spirit, renew us for your
service. We ask this in the name of Jesus Christ the
Lord.

The Prayers of the People #13 pg.120

(In joy and humility let us pray to the creator of the
universe, saying, "Lord, grant us peace.")

By the good news of our salvation brought to Mary by the
angel, hear us, O Lord. **Lord, grant us peace.**

By the mystery of the Word made flesh, hear us, O Lord.
Lord, grant us peace.

By the birth in time of the timeless Son of God, hear us, O
Lord. **Lord, grant us peace.**

By the manifestation of the King of glory to the shepherds
and magi, hear us, O Lord. **Lord, grant us peace.**

By the submission of the maker of the world to Mary and Joseph of Nazareth, hear us, O Lord. **Lord, grant us peace.**

By the baptism of the Son of God in the river Jordan, hear us, O Lord. **Lord, grant us peace.**

Grant that the kingdoms of this world may become the kingdom of our Lord and Saviour Jesus Christ; hear us, O Lord. **Lord, grant us peace.**

Collect of the Day

ALL: Living God, in Christ you make all things new. Transform the poverty of our nature by the riches of your grace, and in the renewal of our lives make known your glory; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and forever.

Lord's Prayer (BAS pg. 54)

Officiant: And now, as our Saviour Christ has taught us, we are bold to say,

All: Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who

trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

The Blessing

Closing Hymn: When the Roll Is Called Up Yonder

1. When the trumpet of the lord shall sound and time
will be no more,
And the morning breaks, eternal, bright and fair.
When the saved of earth shall gather over on the other
shore,
And the roll is called up yonder I'll be there.

Chorus:

When the roll is called up yonder,
When the roll is called up yonder,
When the roll is called up yonder,
When the roll is called up yonder, I'll be there

2. On that bright and cloudless morning when the dead in
Christ shall rise,
And the glory of his resurrection share,
When his chosen ones shall gather to their homes beyond
the skies,
And the roll is called up yonder I'll be there.

Chorus :

When the roll is called up yonder,
When the roll is called up yonder,
When the roll is called up yonder,
When the roll is called up yonder, I'll be there

3. Let us labor in the master from the dawn to setting
sun,
Let us talk of all his wondrous love and care,
Then when all of life is over, and our work on earth is
done,
And the roll is called up yonder I'll be there.

Chorus:

When the roll is called up yonder,
When the roll is called up yonder,
When the roll is called up yonder,
When the roll is called up yonder, I'll be there

Leader: The worship is over.

All: Our Service begins.