

Wonderful



Thoughts

Holy Trinity Church

(Wonderful Thoughts from the family of Holy Trinity church for Lent)

1

Jeremiah 29:11“For I know the plans I have for you ,” declares the Lord,”Plans to prosper you and not to harm you, plans to give you hope and a future”.

My thought. Be with me and help me make good decisions.....thank you for giving me hope toward the future.

2

This was more challenging than I expected. I have three that are special to me. The commitment of **Ruth 1:16**; ¹⁶ **But Ruth said, “Do not press me to leave you or to turn back from following you! Where you go, I will go; where you lodge, I will lodge; your people shall be my people, and your God my God.**

3

The gratitude of Paul in **Phillipians 1:13** ¹³ **so that it has become known throughout the whole imperial guard and to everyone else that my imprisonment is for Christ;**

4

but I think John **14:27** ²⁷ **Peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled, and do not let them be afraid.**” is probably my favourite. It brings such peacefulness and comfort to me when I hear it. Knowing the Holy Spirit will dwell in us and we are not alone.

5

This has been one of my go to verses when I see family and friends struggling.

Philippians 4:13“¹³**I can do all things through him who strengthens me.**”

I have shared the verse with many who are struggling, whether they be at Hospital or just received bad news. I carefully explain to them that it does not mean that Christians will have superpowers or that they will be invincible or immune to life’s challenges. Instead, the promise is that we will have strength from the Lord to faithfully endure the difficulties that come into our lives. That even believers endure suffering but can be content in any circumstance, given Christ’s strength. Just as Christ faithfully endured on the cross, His followers can faithfully endure the problems they face.

6

One of my favourites is **Psalm 118: 24 - This is the day which the Lord hath made, let us rejoice and be glad in it.**

I probably think of this or say it almost every day. I find it very calming and grounding.

7

Genesis 9:15 ¹⁵ **I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh.**

(Rainbow) My thought: I see God in the sky, in the running water, in the sunsets & in the flowers (in nature).

Joel 2:32. ³² Then everyone who calls on the name of the LORD shall be saved; for in Mount Zion and in Jerusalem there shall be those who escape, as the LORD has said, and among the survivors shall be those whom the LORD calls.

My strength is in that verse. It has helped me through sorrow and pain many times in my life. Thank you lord.

Mathew 3:17. ¹⁷ And a voice from heaven said, “This is my Son, the Beloved,^[a] with whom I am well pleased.” Such a positive statement which can apply so much to our own personal lives, in my case three sons whom I am very pleased.

Proverbs 3:5-6. ⁵ Trust in the LORD with all your heart, and do not rely on your own insight ⁶ In all your ways acknowledge him, and he will make straight your paths”. When the future seems uncertain, I trust in God’s sovereign plan for my life. Even when things don’t seem to be working out the way I hope or expect, I can rest knowing God will guide me.

Isaiah 40:31. ³¹ but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

When I was a young mom of three energetic kids, I quoted this verse often. God gives us the strength we need each day to accomplish what needs to be done. Our strength is in Him.

Philippians 4:6-8. ⁶ Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷ And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. ⁸ Finally, beloved,^[e] whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about^[f] these things.

When I’m feeling overwhelmed, I remind myself, “Don’t worry. Don’t be anxious. Bring your cares and anxiety to God. Focus on good things. Focus on truth. You will find peace in Him.”

2 Chronicles 7: ¹⁴ if my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land

When I personalize this verse for myself the words that stand out for me are: **called, humble, seek, turn, hear, forgive, heal. It is powerful to my soul**

John 9: ³ ‘Neither this man nor his parents sinned,’ said Jesus, ‘but this happened so that the works of God might be displayed in him.

It answers my WHY questions God displaying In me.

Psalm 121: 1-2

¹ I lift up my eyes to the mountains where does my help come from? ² My help comes from the LORD, the Maker of heaven and earth.

There is know other place to go and it is the best place to go to the Lord

Psalm 46:1 God is our refuge and strength, an ever present help in trouble.

W.T. This verse has always stuck with me especially in times of crisis, distress , anytime/anything I have encountered in nursing or in my personal life or times shared with others. It reminds that we are not alone and God is always with us, helping and strengthening us no matter what the circumstances.

Proverbs 3:5-6. ⁵ Trust in the LORD with all your heart and lean not on your own understanding; ⁶ in all your ways submit to him, and he will make your paths straight.^[a]

When the future seems uncertain, I trust in God's sovereign plan for my life. Even when things don't seem to be working out the way I hope or expect, I can rest knowing God will guide me.

Isaiah 40:31 31 but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

When I was a young mom of 3 energetic kids, I quoted this verse often. God gives us the strength we need each day to accomplish what needs to be done. Our strength is in Him.

Philippians 4:6-8 ⁶ Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. ⁸ Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things.

When I'm feeling overwhelmed, I remind myself, "Don't worry. Don't be anxious. Bring your cares and anxiety to God. Focus on good things. Focus on truth. You will find peace in Him."

Joshua 1:9 Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go.'

No matter how hard things get I can face them. There is a strength in me and greater than me that gives me what I need to meet each day ahead.

1 Peter 3:3-4 ESV

Do not let your adorning be external—the braiding of hair and the putting on of gold jewelry, or the clothing you wear— but let your adorning be the hidden person of the heart with the imperishable beauty of a gentle and quiet spirit, which in God’s sight is very precious.

Peter writes that Christian wives should not seek their "adornment" or "beauty" or identity in how they dress or wear their hair. This is in no way meant as a ban on braiding or jewelry. Rather, it's a warning about using external things in an attempt to find true beauty. Christian wives should focus on, instead, God's will for them to "adorn" or "beautify" themselves from the inside out which will be upheld forever while physical beauty will always change. Let the "hidden person of the heart" show up visibly in us women's lives time and time again for the goodness of ourselves and others. That inner self should be characterized by the beauty of a gentle and quiet spirit. Such beauty never fades with age, it's a beauty we and the people around us should truly value, the same way God cherishes all women of the world infinitively.

Proverbs 16:13 HCSB

Righteous lips are a king's delight, and he loves one who speaks honestly.

Your lips can promote you, your speech can win wonders. Even those in power appreciate gracious and truthful words. To God, the things spoken is a large part of wisdom. A person of truth and honesty will rise high above those who sin through their mouth, be rewarded for their goodness, and will change the way we live. Tell the truth at all times regardless of what the outcomes might be—more will be gained than lost in the end.